

Uitslag overzicht

Korte baan (25m)

Achternaam, Voornaam	Gbjr	Afstand/zwemslag	Pl.	Tijd	Ronde	oude PB.	Versch.
Bas Briek	10 :	1500 vrije slag	28	22:35.89		--:--	PR.
Ben Taher Naëlla	09 :	800 vrije slag	31	12:54.87		13:21.97	107% PR.
Coppens Pepijn	09 :	1500 vrije slag	23	21:42.68		--:--	PR.
De Haes Tibo	10 :	1500 vrije slag	29	24:03.80		--:--	PR.
Driouiche Hiba	09 :	800 vrije slag	21	11:09.87		12:08.88	118% PR.
Ghislain Emilie	07 :	800 vrije slag	12	11:14.24		--:--	PR.
Ghislain Juliette	09 :	800 vrije slag	25	11:27.88		12:19.53	116% PR.
Kentin Shane	09 :	1500 vrije slag	12	19:53.03		--:--	PR.
Lecart Aaron	09 :	1500 vrije slag	24	21:52.31		--:--	PR.
Lesrauwaet Manu	09 :	1500 vrije slag	20	21:18.88		--:--	PR.
Meert Vince	09 :	1500 vrije slag	25	21:53.49		--:--	PR.
Tubbe Xander	09 :	1500 vrije slag	11	19:52.00		--:--	PR.
Wyns Kaat	09 :	800 vrije slag	28	12:09.18		13:20.71	121% PR.

Totaal 13 persoonlijke uitslag, Gemiddelde prestatie: 104,8%
0 nieuw(e) record(s), 13 nieuw(e) persoonlijke record(s)
Grootste verbetering: Wyns Kaat, 800 vrije slag 12:09.18

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

1 - Lange Afstanden voormiddag

16/04/2023 - 9:30

Programmanr. 1 Dames, 800m vrije slag 11 jaar en ouder
16/04/2023 - 9:30 Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Brouwers Charlotte	DBT/21145/11 11:00.00	10:29.98	440
50m: 35.13	200m: 2:33.50	350m: 4:34.23	500m: 6:35.01
100m: 1:13.84	250m: 3:13.40	400m: 5:14.49	550m: 7:15.09
150m: 1:53.70	300m: 3:54.63	450m: 5:54.62	600m: 7:55.08
650m: 8:34.32	700m: 9:14.53	750m: 9:54.66	800m: 10:29.98
2. Thewissen Mirthe	HZS/21212/11 12:00.00	11:35.83	326
50m: 38.78	200m: 2:50.46	350m: 5:04.38	500m: 7:16.87
100m: 1:21.44	250m: 3:34.61	400m: 5:48.45	550m: 8:00.33
150m: 2:05.63	300m: 4:19.40	450m: 6:33.01	600m: 8:44.89
650m: 9:29.51	700m: 10:12.39	750m: 10:56.00	800m: 11:35.83
3. Van Litsenborg Aurélie	DBT/21149/11 11:55.00	11:36.59	325
50m: 38.05	200m: 2:48.62	350m: 5:01.46	500m: 7:15.71
100m: 1:20.33	250m: 3:33.64	400m: 5:46.55	550m: 7:59.82
150m: 2:04.04	300m: 4:17.65	450m: 6:30.52	600m: 8:45.46
650m: 9:29.06	700m: 10:12.93	750m: 10:56.86	800m: 11:36.59
4. Jorissen Ameya	ZCT/21142/11 13:40.66	11:38.17	323
50m: 39.33	200m: 2:51.18	350m: 5:04.45	500m: 7:17.93
100m: 1:22.52	250m: 3:35.96	400m: 5:48.54	550m: 8:01.88
150m: 2:06.50	300m: 4:19.54	450m: 6:33.68	600m: 8:46.63
650m: 9:30.47	700m: 10:14.11	750m: 10:57.41	800m: 11:38.17
5. Decaluwé Helena	ZCT/21130/11 12:15.00	11:43.38	316
50m: 39.10	200m: 2:51.53	350m: 5:06.11	500m: 7:21.22
100m: 1:22.15	250m: 3:36.51	400m: 5:51.14	550m: 8:05.67
150m: 2:06.61	300m: 4:21.38	450m: 6:36.26	600m: 8:50.77
650m: 9:35.34	700m: 10:19.69	750m: 11:03.60	800m: 11:43.38
6. Copermans Sam	HZS/21247/11 14:09.90	11:53.15	303
50m: 40.22	200m: 2:54.71	350m: 5:11.68	500m: 7:29.05
100m: 1:23.76	250m: 3:39.95	400m: 5:57.91	550m: 8:14.79
150m: 2:08.43	300m: 4:26.19	450m: 6:43.67	600m: 9:00.29
650m: 9:44.18	700m: 10:28.26	750m: 11:10.46	800m: 11:53.15
7. Sargesjan Nala	HZS/21232/11 13:34.06	11:57.30	298
50m: 40.61	200m: 2:57.17	350m: 5:14.35	500m: 7:31.97
100m: 1:25.56	250m: 3:43.46	400m: 6:00.47	550m: 8:17.11
150m: 2:10.90	300m: 4:28.78	450m: 6:46.03	600m: 9:01.94
650m: 9:47.19	700m: 10:32.75	750m: 11:17.94	800m: 11:57.30
8. Put Fien	DBT/21178/12 12:30.00	12:12.26	280
50m: 39.72	200m: 2:58.40	350m: 5:18.45	500m: 7:40.60
100m: 1:24.46	250m: 3:43.65	400m: 6:05.93	550m: 8:25.94
150m: 2:11.46	300m: 4:31.06	450m: 6:53.15	600m: 9:13.06
650m: 10:00.23	700m: 10:47.07	750m: 11:32.17	800m: 12:12.26
9. Vandeweyers Daphne	ZCT/21135/11 13:16.81	12:32.21	258
50m: 42.20	200m: 3:03.34	350m: 5:26.25	500m: 7:49.56
100m: 1:28.93	250m: 3:51.05	400m: 6:13.15	550m: 8:38.03
150m: 2:16.18	300m: 4:38.68	450m: 7:01.37	600m: 9:26.25
650m: 10:13.37	700m: 11:00.58	750m: 11:47.32	800m: 12:32.21
10. Maes Leonie	PZC/21106/12 15:09.90	12:49.25	241
50m: 42.80	200m: 3:08.34	350m: 5:36.06	500m: 8:04.73
100m: 1:29.94	250m: 3:57.64	400m: 6:26.47	550m: 8:53.25
150m: 2:18.76	300m: 4:46.61	450m: 7:15.61	600m: 9:42.44
650m: 10:32.76	700m: 11:20.81	750m: 12:08.98	800m: 12:49.25
11. De Vocht Linne	ZCT/21144/12 12:45.00	12:57.46	234
50m: 42.49	200m: 3:08.96	350m: 5:40.12	500m: 8:09.90
100m: 1:30.96	250m: 3:59.38	400m: 6:30.74	550m: 9:00.37
150m: 2:20.33	300m: 4:50.31	450m: 7:20.77	600m: 9:49.55
650m: 10:39.16	700m: 11:27.78	750m: 12:14.13	800m: 12:57.46
12. De Weerdt Renée	ZCT/21141/12 12:45.00	13:05.82	226
50m: 44.94	200m: 3:14.22	350m: 5:46.41	500m: 8:17.28
100m: 1:33.35	250m: 4:05.06	400m: 6:36.33	550m: 9:07.55
150m: 2:22.98	300m: 4:55.02	450m: 7:26.25	600m: 9:57.99
650m: 10:46.83	700m: 11:35.24	750m: 12:22.96	800m: 13:05.82

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang											Inschr.	Tijd	Pnt	
13.	Uytterhoeven Fiebe										ZCT/21143/12	13:00.00	13:11.45	222
	50m:	43.69	200m:	3:13.94	350m:	5:47.24	500m:	8:21.21	650m:	10:52.95	800m:	13:11.45		
	100m:	1:31.77	250m:	4:05.15	400m:	6:39.41	550m:	9:12.99	700m:	11:41.86				
	150m:	2:22.67	300m:	4:55.98	450m:	7:29.74	600m:	10:03.72	750m:	12:29.53				
14.	Poel Maren										DBT/21173/11	12:45.00	13:13.80	220
	50m:	42.03	200m:	3:10.53	350m:	5:42.73	500m:	8:16.09	650m:	10:51.24	800m:	13:13.80		
	100m:	1:29.89	250m:	4:01.00	400m:	6:33.64	550m:	9:08.13	700m:	11:42.28				
	150m:	2:19.81	300m:	4:52.02	450m:	7:25.25	600m:	9:59.94	750m:	12:31.50				

13 - 14 jaar

1.	Lambrechts Noa										DBT/21136/09	9:55.00	9:45.57	548
	50m:	33.14	200m:	2:21.81	350m:	4:13.35	500m:	6:06.01	650m:	7:58.03	800m:	9:45.57		
	100m:	1:09.01	250m:	2:59.10	400m:	4:51.18	550m:	6:43.42	700m:	8:35.55				
	150m:	1:45.12	300m:	3:36.65	450m:	5:28.59	600m:	7:20.54	750m:	9:12.46				
2.	Vertessen Fran										DBT/21114/09	10:05.00	9:49.48	537
	50m:	32.28	200m:	2:23.34	350m:	4:15.90	500m:	6:08.55	650m:	8:01.25	800m:	9:49.48		
	100m:	1:08.30	250m:	3:00.98	400m:	4:53.35	550m:	6:46.51	700m:	8:39.12				
	150m:	1:45.65	300m:	3:38.50	450m:	5:31.03	600m:	7:24.34	750m:	9:15.97				
3.	Veldhuis Victoria										ZCT/21096/09	10:45.00	10:05.25	496
	50m:	34.58	200m:	2:28.24	350m:	4:23.88	500m:	6:18.73	650m:	8:13.94	800m:	10:05.25		
	100m:	1:12.45	250m:	3:06.37	400m:	5:02.03	550m:	6:57.17	700m:	8:52.37				
	150m:	1:50.47	300m:	3:45.13	450m:	5:40.54	600m:	7:35.52	750m:	9:30.02				
4.	Deconynck Sterre										TRUST/21166/10	10:46.20	10:05.37	496
	50m:	33.94	200m:	2:26.14	350m:	4:20.70	500m:	6:15.74	650m:	8:11.50	800m:	10:05.37		
	100m:	1:10.55	250m:	3:04.82	400m:	4:58.87	550m:	6:54.04	700m:	8:49.86				
	150m:	1:48.45	300m:	3:42.62	450m:	5:37.10	600m:	7:32.65	750m:	9:28.45				
5.	Delporte Lotte										STW/21156/09	10:40.21	10:16.57	469
	50m:	34.50	200m:	2:29.93	350m:	4:26.82	500m:	6:24.69	650m:	8:22.81	800m:	10:16.57		
	100m:	1:12.11	250m:	3:08.03	400m:	5:05.85	550m:	7:04.49	700m:	9:02.58				
	150m:	1:50.98	300m:	3:47.34	450m:	5:45.36	600m:	7:43.89	750m:	9:41.75				
6.	Bohmer Janne										ZCT/21108/10	10:48.49	10:18.35	465
	50m:	35.67	200m:	2:32.76	350m:	4:30.59	500m:	6:28.79	650m:	8:25.61	800m:	10:18.35		
	100m:	1:14.46	250m:	3:11.93	400m:	5:10.16	550m:	7:08.38	700m:	9:04.11				
	150m:	1:53.56	300m:	3:51.03	450m:	5:49.39	600m:	7:46.88	750m:	9:42.44				
7.	Frederix Maya										DBT/21083/09	10:15.00	10:21.44	458
	50m:	33.43	200m:	2:28.76	350m:	4:27.71	500m:	6:27.61	650m:	8:26.91	800m:	10:21.44		
	100m:	1:11.43	250m:	3:08.42	400m:	5:07.38	550m:	7:07.11	700m:	9:06.81				
	150m:	1:50.15	300m:	3:47.87	450m:	5:47.81	600m:	7:47.12	750m:	9:45.85				
8.	Meyer Thyrví										BEST/21114/09	10:20.00	10:22.30	457
	50m:	34.38	200m:	2:29.98	350m:	4:30.10	500m:	6:30.43	650m:	8:29.58	800m:	10:22.30		
	100m:	1:11.70	250m:	3:10.57	400m:	5:10.18	550m:	7:10.86	700m:	9:09.75				
	150m:	1:51.32	300m:	3:50.11	450m:	5:50.42	600m:	7:51.39	750m:	9:47.56				
9.	De Ridder Niobe										BRABO/21257/10	10:31.56	10:24.66	451
	50m:	34.48	200m:	2:29.66	350m:	4:27.42	500m:	6:26.18	650m:	8:26.27	800m:	10:24.66		
	100m:	1:12.29	250m:	3:08.77	400m:	5:06.70	550m:	7:05.58	700m:	9:06.49				
	150m:	1:50.92	300m:	3:47.73	450m:	5:46.33	600m:	7:45.56	750m:	9:46.46				
10.	Gypen Kaat										ZCT/21100/09	11:02.65	10:32.05	436
	50m:	36.27	200m:	2:37.30	350m:	4:36.19	500m:	6:36.25	650m:	8:36.34	800m:	10:32.05		
	100m:	1:16.07	250m:	3:16.74	400m:	5:16.14	550m:	7:16.06	700m:	9:16.38				
	150m:	1:57.12	300m:	3:55.98	450m:	5:56.21	600m:	7:56.14	750m:	9:55.64				
11.	Tordeur Lucie										GZVN/21194/09	10:33.32	10:33.05	434
	50m:	33.96	200m:	2:29.56	350m:	4:27.35	500m:	6:28.51	650m:	8:30.34	800m:	10:33.05		
	100m:	1:11.82	250m:	3:08.35	400m:	5:06.46	550m:	7:08.52	700m:	9:11.36				
	150m:	1:50.42	300m:	3:47.91	450m:	5:46.17	600m:	7:49.32	750m:	9:52.14				

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
12. But Anastacia	HZS/21173/09 11:21.22	10:33.48	433
50m: 34.57	200m: 2:33.43	350m: 4:34.50	500m: 6:35.70
100m: 1:13.05	250m: 3:13.65	400m: 5:15.42	550m: 7:16.28
150m: 1:53.22	300m: 3:54.03	450m: 5:55.18	600m: 7:56.78
		650m: 8:36.94	700m: 9:17.18
		750m: 9:57.12	800m: 10:33.48
13. Klaykens Chloé	HZS/21211/10 11:22.30	10:34.39	431
50m: 35.50	200m: 2:36.74	350m: 4:37.58	500m: 6:38.37
100m: 1:15.08	250m: 3:17.19	400m: 5:17.53	550m: 7:18.98
150m: 1:55.91	300m: 3:57.57	450m: 5:58.28	600m: 7:59.24
		650m: 8:39.66	700m: 9:19.75
		750m: 9:58.93	800m: 10:34.39
14. Uytterhoeven Flo	ZCT/21107/10 11:32.65	10:43.42	413
50m: 35.66	200m: 2:37.83	350m: 4:40.93	500m: 6:43.05
100m: 1:15.92	250m: 3:19.14	400m: 5:22.12	550m: 7:23.82
150m: 1:57.15	300m: 3:59.40	450m: 6:02.65	600m: 8:05.40
		650m: 8:45.51	700m: 9:25.88
		750m: 10:05.21	800m: 10:43.42
15. Maes Helene	PZC/21074/10 11:12.18	10:46.64	407
50m: 35.44	200m: 2:36.85	350m: 4:42.38	500m: 6:47.82
100m: 1:14.98	250m: 3:18.53	400m: 5:24.31	550m: 7:30.19
150m: 1:55.55	300m: 4:00.56	450m: 6:05.99	600m: 8:10.95
		650m: 8:51.97	700m: 9:32.39
		750m: 10:11.83	800m: 10:46.64
16. Vanierschot Ella	HZS/21192/10 11:17.44	10:48.35	404
50m: 35.56	200m: 2:38.84	350m: 4:45.13	500m: 6:50.10
100m: 1:16.01	250m: 3:20.65	400m: 5:26.85	550m: 7:31.49
150m: 1:57.54	300m: 4:02.79	450m: 6:08.70	600m: 8:13.26
		650m: 8:54.00	700m: 9:34.14
		750m: 10:14.40	800m: 10:48.35
17. Verelst Laura	ZCT/21114/10 11:31.91	10:55.57	390
50m: 36.30	200m: 2:37.62	350m: 4:41.66	500m: 6:46.61
100m: 1:16.21	250m: 3:18.78	400m: 5:23.15	550m: 7:28.46
150m: 1:57.07	300m: 3:59.96	450m: 6:04.66	600m: 8:10.91
		650m: 8:52.81	700m: 9:35.01
		750m: 10:16.16	800m: 10:55.57
18. Renette Lena	DBT/21142/09 11:15.00	11:02.32	379
50m: 35.22	200m: 2:40.07	350m: 4:49.04	500m: 6:58.06
100m: 1:15.40	250m: 3:23.75	400m: 5:32.09	550m: 7:40.46
150m: 1:58.02	300m: 4:06.50	450m: 6:14.84	600m: 8:22.77
		650m: 9:05.00	700m: 9:46.87
		750m: 10:27.93	800m: 11:02.32
19. Delcommune Lonneke	KAZS/21081/09 11:10.00	11:03.85	376
50m: 36.97	200m: 2:42.34	350m: 4:50.43	500m: 6:57.37
100m: 1:18.17	250m: 3:25.10	400m: 5:32.77	550m: 7:39.91
150m: 2:00.00	300m: 4:07.70	450m: 6:15.16	600m: 8:22.42
		650m: 9:03.48	700m: 9:45.58
		750m: 10:27.04	800m: 11:03.85
20. Thijs Maaike	ZCT/21132/10 12:55.05	11:06.46	372
50m: 38.05	200m: 2:45.15	350m: 4:53.32	500m: 7:00.56
100m: 1:20.27	250m: 3:28.12	400m: 5:36.82	550m: 7:44.14
150m: 2:03.14	300m: 4:10.24	450m: 6:17.21	600m: 8:25.99
		650m: 9:07.78	700m: 9:49.97
		750m: 10:30.42	800m: 11:06.46
21. Driouiche Hiba	STZ/21144/09 11:30.00	11:09.87	366
50m: 36.20	200m: 2:38.88	350m: 4:45.27	500m: 6:54.33
100m: 1:16.46	250m: 3:21.00	400m: 5:28.30	550m: 7:37.20
150m: 1:58.22	300m: 4:03.35	450m: 6:11.15	600m: 8:20.42
		650m: 9:04.01	700m: 9:48.17
		750m: 10:29.88	800m: 11:09.87
22. Luts Emilia	DBT/21144/10 11:27.63	11:15.50	357
50m: 35.50	200m: 2:40.31	350m: 4:50.56	500m: 7:00.38
100m: 1:16.52	250m: 3:23.81	400m: 5:34.78	550m: 7:44.50
150m: 1:58.67	300m: 4:07.04	450m: 6:17.55	600m: 8:27.94
		650m: 9:11.04	700m: 9:53.86
		750m: 10:35.90	800m: 11:15.50
23. Wouters Stien	ZCT/21106/10 11:46.87	11:21.36	348
50m: 39.01	200m: 2:47.24	350m: 4:56.71	500m: 7:06.40
100m: 1:21.12	250m: 3:30.39	400m: 5:39.98	550m: 7:49.74
150m: 2:04.11	300m: 4:13.52	450m: 6:22.90	600m: 8:33.03
		650m: 9:16.21	700m: 9:59.72
		750m: 10:41.75	800m: 11:21.36
24. Cypers de Landrecy Tillie	PZC/21084/10 12:09.36	11:27.43	339
50m: 37.55	200m: 2:47.50	350m: 4:59.25	500m: 7:11.93
100m: 1:20.15	250m: 3:31.41	400m: 5:43.37	550m: 7:56.42
150m: 2:03.48	300m: 4:15.55	450m: 6:27.53	600m: 8:40.32
		650m: 9:23.83	700m: 10:06.60
		750m: 10:48.62	800m: 11:27.43
25. Ghislain Juliette	STZ/21120/09 12:19.53	11:27.88	338
50m: 38.30	200m: 2:50.19	350m: 5:04.39	500m: 7:15.99
100m: 1:21.17	250m: 3:34.79	400m: 5:49.07	550m: 7:59.47
150m: 2:05.08	300m: 4:19.48	450m: 6:32.11	600m: 8:43.08
		650m: 9:25.69	700m: 10:08.13
		750m: 10:49.43	800m: 11:27.88

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt					
26.	Moors Yana				DBT/21139/09 11:30.00	11:34.30	329					
	50m:	38.37	200m:	2:48.33	350m:	5:01.38	500m:	7:13.61	650m:	9:26.04	800m:	11:34.30
	100m:	1:20.15	250m:	3:33.31	400m:	5:44.93	550m:	7:58.32	700m:	10:10.26		
	150m:	2:03.94	300m:	4:17.13	450m:	6:29.97	600m:	8:41.99	750m:	10:53.39		
27.	Sen Yasmine				BRABO/21349/12:08.95	11:49.14	308					
	50m:	37.87	200m:	2:48.16	350m:	5:03.27	500m:	7:19.35	650m:	9:36.28	800m:	11:49.14
	100m:	1:19.87	250m:	3:32.79	400m:	5:48.32	550m:	8:04.70	700m:	10:21.86		
	150m:	2:04.03	300m:	4:17.44	450m:	6:33.85	600m:	8:50.69	750m:	11:06.69		
28.	Wyns Kaat				STZ/21117/09 13:20.71	12:09.18	284					
	50m:	40.80	200m:	2:59.77	350m:	5:17.67	500m:	7:35.73	650m:	9:55.50	800m:	12:09.18
	100m:	1:26.87	250m:	3:46.20	400m:	6:02.66	550m:	8:22.55	700m:	10:42.21		
	150m:	2:13.74	300m:	4:32.31	450m:	6:49.23	600m:	9:08.96	750m:	11:27.13		
29.	Vlassaks Lena				PZC/21085/10 13:18.50	12:14.90	277					
	50m:	41.66	200m:	3:00.35	350m:	5:21.12	500m:	7:42.30	650m:	10:02.75	800m:	12:14.90
	100m:	1:26.80	250m:	3:47.24	400m:	6:07.75	550m:	8:29.27	700m:	10:49.36		
	150m:	2:13.74	300m:	4:34.48	450m:	6:55.25	600m:	9:15.89	750m:	11:33.62		
30.	Tuezney Kato				BEST/21127/09 13:00.00	12:39.90	250					
	50m:	41.62	200m:	3:04.99	350m:	5:29.81	500m:	7:55.86	650m:	10:21.37	800m:	12:39.90
	100m:	1:27.98	250m:	3:53.04	400m:	6:18.74	550m:	8:44.16	700m:	11:09.46		
	150m:	2:16.34	300m:	4:41.66	450m:	7:07.11	600m:	9:33.06	750m:	11:56.30		
31.	Ben Taher Naëlla				STZ/21143/09 13:00.00	12:54.87	236					
	50m:	43.83	200m:	3:09.78	350m:	5:38.07	500m:	8:07.87	650m:	10:34.41	800m:	12:54.87
	100m:	1:31.64	250m:	3:58.39	400m:	6:28.35	550m:	8:56.58	700m:	11:22.84		
	150m:	2:20.45	300m:	4:48.32	450m:	7:18.55	600m:	9:45.61	750m:	12:11.13		
32.	Luyten Elise				HZS/21246/10 13:40.00	13:35.31	203					
	50m:	44.21	200m:	3:15.97	350m:	5:52.44	500m:	8:30.39	650m:	11:06.92	800m:	13:35.31
	100m:	1:33.43	250m:	4:07.34	400m:	6:44.70	550m:	9:22.45	700m:	11:58.75		
	150m:	2:23.95	300m:	5:00.18	450m:	7:37.34	600m:	10:15.25	750m:	12:49.53		

15 - 16 jaar

1.	Weytjens Amber				DMB/21071/08 9:42.10	9:29.96	594					
	50m:	32.49	200m:	2:18.85	350m:	4:06.43	500m:	5:55.47	650m:	7:44.37	800m:	9:29.96
	100m:	1:07.65	250m:	2:54.69	400m:	4:42.54	550m:	6:32.05	700m:	8:20.40		
	150m:	1:43.20	300m:	3:30.65	450m:	5:18.85	600m:	7:08.24	750m:	8:56.41		
2.	Klaykens Amber				HZS/21155/07 9:58.32	9:41.24	560					
	50m:	31.91	200m:	2:19.28	350m:	4:09.97	500m:	6:01.44	650m:	7:52.38	800m:	9:41.24
	100m:	1:06.85	250m:	2:55.89	400m:	4:47.14	550m:	6:38.41	700m:	8:29.28		
	150m:	1:42.75	300m:	3:32.91	450m:	5:24.23	600m:	7:15.44	750m:	9:05.95		
3.	Op de Beeck Elly				BRABO/21209/10:40.00	10:00.36	508					
	50m:	32.40	200m:	2:22.76	350m:	4:16.06	500m:	6:10.78	650m:	8:08.18	800m:	10:00.36
	100m:	1:08.45	250m:	3:00.18	400m:	4:54.32	550m:	6:51.16	700m:	8:46.14		
	150m:	1:45.48	300m:	3:37.94	450m:	5:32.17	600m:	7:30.32	750m:	9:24.29		
4.	De Weerd Amélie				ZCT/21054/07 9:49.54	10:08.15	489					
	50m:	34.04	200m:	2:29.55	350m:	4:26.84	500m:	6:22.04	650m:	8:17.52	800m:	10:08.15
	100m:	1:12.48	250m:	3:08.83	400m:	5:05.76	550m:	6:59.72	700m:	8:55.61		
	150m:	1:50.93	300m:	3:47.81	450m:	5:43.93	600m:	7:38.39	750m:	9:32.97		
5.	Put Amélie				KAZS/21128/0710:23.91	10:11.92	480					
	50m:	33.59	200m:	2:28.96	350m:	4:24.55	500m:	6:21.01	650m:	8:17.72	800m:	10:11.92
	100m:	1:11.69	250m:	3:07.55	400m:	5:03.35	550m:	6:59.72	700m:	8:56.75		
	150m:	1:50.33	300m:	3:46.21	450m:	5:41.57	600m:	7:38.67	750m:	9:35.60		
6.	Amzour Lina				BRABO/21350/10:32.33	10:14.47	474					
	50m:	34.01	200m:	2:29.57	350m:	4:26.80	500m:	6:23.48	650m:	8:19.18	800m:	10:14.47
	100m:	1:12.05	250m:	3:08.20	400m:	5:05.50	550m:	7:02.07	700m:	8:58.00		
	150m:	1:50.54	300m:	3:47.61	450m:	5:44.38	600m:	7:40.79	750m:	9:36.24		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang									Inschr.	Tijd	Pnt	
7.	Thijs Hannah								PZC/21043/08 10:32.68	10:17.59	467	
	50m:	35.53	200m:	2:31.01	350m:	4:28.50	500m:	6:25.37	650m:	8:22.88	800m:	10:17.59
	100m:	1:13.59	250m:	3:09.96	400m:	5:07.47	550m:	7:04.65	700m:	9:01.70		
	150m:	1:52.03	300m:	3:49.02	450m:	5:46.61	600m:	7:43.99	750m:	9:41.02		
8.	Meers Lien								HZS/21154/08 11:01.31	10:25.31	450	
	50m:	35.88	200m:	2:34.06	350m:	4:32.74	500m:	6:32.72	650m:	8:30.00	800m:	10:25.31
	100m:	1:14.76	250m:	3:13.38	400m:	5:12.71	550m:	7:12.03	700m:	9:08.83		
	150m:	1:54.67	300m:	3:53.03	450m:	5:52.90	600m:	7:51.41	750m:	9:47.62		
9.	Jansen Roos								PZC/21042/08 10:39.03	10:25.52	449	
	50m:	36.19	200m:	2:34.02	350m:	4:34.19	500m:	6:32.89	650m:	8:31.50	800m:	10:25.52
	100m:	1:15.07	250m:	3:14.05	400m:	5:13.63	550m:	7:12.41	700m:	9:11.13		
	150m:	1:54.33	300m:	3:54.31	450m:	5:53.41	600m:	7:52.16	750m:	9:49.37		
10.	Gerets Sieglinde								HZS/21159/08 11:29.31	10:43.64	413	
	50m:	37.83	200m:	2:39.65	350m:	4:42.96	500m:	6:45.34	650m:	8:46.04	800m:	10:43.64
	100m:	1:18.07	250m:	3:20.49	400m:	5:24.09	550m:	7:25.67	700m:	9:26.24		
	150m:	1:59.00	300m:	4:01.86	450m:	6:04.59	600m:	8:05.81	750m:	10:06.69		
11.	Castillo Ronquillo Brithany Aracely								PZC/21088/08 11:42.15	11:05.12	374	
	50m:	37.78	200m:	2:41.79	350m:	4:49.84	500m:	6:58.76	650m:	9:05.05	800m:	11:05.12
	100m:	1:18.91	250m:	3:24.34	400m:	5:32.75	550m:	7:41.81	700m:	9:46.86		
	150m:	2:00.15	300m:	4:06.77	450m:	6:15.84	600m:	8:23.35	750m:	10:27.90		
12.	Ghislain Emilie								STZ/21119/07 11:30.00	11:14.24	359	
	50m:	37.59	200m:	2:44.94	350m:	4:53.51	500m:	6:59.59	650m:	9:06.27	800m:	11:14.24
	100m:	1:19.12	250m:	3:27.05	400m:	5:36.46	550m:	7:42.22	700m:	9:48.90		
	150m:	2:01.43	300m:	4:10.85	450m:	6:18.80	600m:	8:25.31	750m:	10:32.74		
13.	Vanierschot Lina								HZS/21157/08 12:00.00	11:31.77	332	
	50m:	37.79	200m:	2:47.37	350m:	5:00.03	500m:	7:14.29	650m:	9:26.71	800m:	11:31.77
	100m:	1:19.93	250m:	3:31.74	400m:	5:44.62	550m:	7:58.24	700m:	10:10.22		
	150m:	2:03.65	300m:	4:16.27	450m:	6:29.79	600m:	8:42.21	750m:	10:53.29		
14.	Luyten Lore								HZS/21244/08 13:30.00	13:18.77	216	
	50m:	44.50	200m:	3:14.69	350m:	5:48.49	500m:	8:20.70	650m:	10:54.21	800m:	13:18.77
	100m:	1:33.41	250m:	4:05.87	400m:	6:39.03	550m:	9:12.21	700m:	11:45.35		
	150m:	2:24.27	300m:	4:57.51	450m:	7:30.24	600m:	10:02.86	750m:	12:34.11		

17 - 18 jaar

1.	Goovaerts Ellen								STW/21165/05 9:25.37	9:21.85	620	
	50m:	31.68	200m:	2:17.02	350m:	4:03.84	500m:	5:50.76	650m:	7:37.51	800m:	9:21.85
	100m:	1:06.03	250m:	2:52.58	400m:	4:39.54	550m:	6:26.34	700m:	8:13.23		
	150m:	1:41.41	300m:	3:28.12	450m:	5:14.97	600m:	7:02.06	750m:	8:48.45		
2.	Broux Elise								GZVN/21015/05 9:39.56	9:39.58	565	
	50m:	31.50	200m:	2:18.46	350m:	4:08.47	500m:	5:59.02	650m:	7:50.26	800m:	9:39.58
	100m:	1:06.19	250m:	2:55.09	400m:	4:45.48	550m:	6:36.17	700m:	8:27.52		
	150m:	1:42.09	300m:	3:31.76	450m:	5:22.16	600m:	7:13.19	750m:	9:04.54		
3.	Verhulst Lotte								STW/21123/06 10:11.28	9:48.59	540	
	50m:	33.61	200m:	2:24.03	350m:	4:14.79	500m:	6:06.17	650m:	7:59.47	800m:	9:48.59
	100m:	1:09.75	250m:	3:00.97	400m:	4:51.65	550m:	6:43.84	700m:	8:36.59		
	150m:	1:46.72	300m:	3:37.79	450m:	5:29.04	600m:	7:21.41	750m:	9:13.59		

19 jaar en ouder

1.	Van Den Wyngaert Annabel								BRABO/21187/09:42.87	10:01.40	506	
	50m:	31.40	200m:	2:18.69	350m:	4:14.02	500m:	6:10.63	650m:	8:10.37	800m:	10:01.40
	100m:	1:06.34	250m:	2:57.47	400m:	4:53.55	550m:	6:52.14	700m:	8:48.41		
	150m:	1:42.36	300m:	3:36.32	450m:	5:32.86	600m:	7:31.88	750m:	9:26.01		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

2 - Lange Afstanden namiddag

16/04/2023 - 14:00

Programmanr. 2
16/04/2023 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Janssen Thibe	DBT/11167/11 23:30.00	25:20.18	172
50m: 39.58	300m: 4:38.21	550m: 8:50.87	800m: 13:16.42
100m: 1:25.21	350m: 5:28.65	600m: 9:43.57	850m: 14:08.86
150m: 2:12.03	400m: 6:18.69	650m: 10:35.72	900m: 15:02.13
200m: 3:00.32	450m: 7:10.48	700m: 11:28.81	950m: 15:55.91
250m: 3:49.94	500m: 8:00.89	750m: 12:23.11	1000m: 16:50.05
		1250m: 21:14.95	1500m: 25:20.18
13 - 14 jaar			
1. Nollet Seppe	BRABO/11248/19:15.64	18:27.61	446
50m: 33.09	300m: 3:37.46	550m: 6:43.59	800m: 9:49.05
100m: 1:09.27	350m: 4:15.07	600m: 7:20.90	850m: 10:26.24
150m: 1:45.92	400m: 4:52.14	650m: 7:57.63	900m: 11:03.59
200m: 2:22.65	450m: 5:29.29	700m: 8:34.85	950m: 11:40.69
250m: 3:00.08	500m: 6:06.32	750m: 9:12.00	1000m: 12:18.10
		1250m: 15:23.81	1500m: 18:27.61
2. Theunissen Toon	DBT/11120/09 19:30.03	18:30.51	443
50m: 32.70	300m: 3:36.46	550m: 6:41.83	800m: 9:48.16
100m: 1:09.54	350m: 4:13.38	600m: 7:18.87	850m: 10:25.95
150m: 1:46.89	400m: 4:50.23	650m: 7:55.92	900m: 11:03.45
200m: 2:22.67	450m: 5:27.26	700m: 8:33.65	950m: 11:41.15
250m: 2:59.41	500m: 6:04.42	750m: 9:10.61	1000m: 12:18.44
		1250m: 15:26.87	1500m: 18:30.51
3. Decaluwé Georges	ZCT/11097/09 20:57.37	19:06.22	403
50m: 33.55	300m: 3:47.21	550m: 7:00.43	800m: 10:13.95
100m: 1:12.08	350m: 4:25.46	600m: 7:39.11	850m: 10:52.48
150m: 1:50.72	400m: 5:04.08	650m: 8:17.73	900m: 11:30.97
200m: 2:29.90	450m: 5:43.09	700m: 8:56.68	950m: 12:09.67
250m: 3:08.89	500m: 6:22.62	750m: 9:35.79	1000m: 12:48.93
		1250m: 15:59.46	1500m: 19:06.22
4. Vangrootloon Jef	STZC/11009/1C21:09.86	19:15.08	394
50m: 33.38	300m: 3:46.87	550m: 7:01.05	800m: 10:15.68
100m: 1:11.45	350m: 4:25.93	600m: 7:40.26	850m: 10:55.11
150m: 1:49.82	400m: 5:03.65	650m: 8:19.03	900m: 11:34.11
200m: 2:28.88	450m: 5:43.34	700m: 8:57.67	950m: 12:13.40
250m: 3:07.97	500m: 6:23.15	750m: 9:37.01	1000m: 12:52.83
		1250m: 16:07.24	1500m: 19:15.08
5. Geladi Bjorn	TRUST/11205/20:55.84	19:15.95	393
50m: 33.93	300m: 3:46.21	550m: 7:01.82	800m: 10:18.32
100m: 1:11.72	350m: 4:24.91	600m: 7:40.63	850m: 10:57.89
150m: 1:50.04	400m: 5:04.11	650m: 8:20.22	900m: 11:37.21
200m: 2:28.51	450m: 5:43.55	700m: 8:59.44	950m: 12:16.19
250m: 3:07.25	500m: 6:22.58	750m: 9:39.21	1000m: 12:55.75
		1250m: 16:09.82	1500m: 19:15.95
6. Vandepoel Quinten	STZC/11007/1C21:29.21	19:18.98	390
50m: 33.55	300m: 3:47.69	550m: 7:01.62	800m: 10:16.29
100m: 1:11.62	350m: 4:26.37	600m: 7:40.82	850m: 10:55.34
150m: 1:50.67	400m: 5:04.83	650m: 8:19.34	900m: 11:34.30
200m: 2:30.09	450m: 5:43.94	700m: 8:58.24	950m: 12:13.47
250m: 3:08.99	500m: 6:23.08	750m: 9:37.44	1000m: 12:53.01
		1250m: 16:08.21	1500m: 19:18.98
7. Geens Dré	ZCT/11117/09 20:46.43	19:30.61	378
50m: 34.95	300m: 3:49.42	550m: 7:05.88	800m: 10:25.69
100m: 1:13.17	350m: 4:28.37	600m: 7:45.71	850m: 11:04.81
150m: 1:52.41	400m: 5:08.07	650m: 8:25.64	900m: 11:44.61
200m: 2:30.93	450m: 5:47.39	700m: 9:05.69	950m: 12:23.95
250m: 3:10.09	500m: 6:25.84	750m: 9:45.40	1000m: 13:03.93
		1250m: 16:21.42	1500m: 19:30.61

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang		Inschr.	Tijd	Pnt
8.	Vervloessem Frits	ZCT/11102/10 20:17.81	19:34.27	375
	50m: 35.02 300m: 3:52.09 550m: 7:09.02 800m: 10:27.70 1050m: 13:44.67 1300m: 17:00.23			
	100m: 1:13.64 350m: 4:31.22 600m: 7:48.70 850m: 11:07.08 1100m: 14:23.83 1350m: 17:39.03			
	150m: 1:53.12 400m: 5:10.78 650m: 8:27.73 900m: 11:46.51 1150m: 15:02.71 1400m: 18:18.69			
	200m: 2:32.51 450m: 5:49.66 700m: 9:07.64 950m: 12:26.12 1200m: 15:41.95 1450m: 18:57.03			
	250m: 3:12.65 500m: 6:29.27 750m: 9:48.08 1000m: 13:05.68 1250m: 16:20.84 1500m: 19:34.27			
9.	Pasteels Einar	TRUST/11087/21:19.50	19:48.26	362
	50m: 35.43 300m: 3:50.51 550m: 7:10.25 800m: 10:33.76 1050m: 13:53.44 1300m: 17:15.25			
	100m: 1:14.47 350m: 4:30.00 600m: 7:50.56 850m: 11:12.88 1100m: 14:33.53 1350m: 17:55.94			
	150m: 1:53.25 400m: 5:09.38 650m: 8:31.43 900m: 11:52.75 1150m: 15:14.38 1400m: 18:35.90			
	200m: 2:32.15 450m: 5:49.27 700m: 9:12.09 950m: 12:32.73 1200m: 15:54.31 1450m: 19:14.09			
	250m: 3:11.08 500m: 6:29.42 750m: 9:52.82 1000m: 13:12.95 1250m: 16:34.91 1500m: 19:48.26			
10.	Baelen Tobe	DBT/11113/10 20:00.00	19:50.47	360
	50m: 35.08 300m: 3:54.07 550m: 7:14.74 800m: 10:35.89 1050m: 13:58.45 1300m: 17:18.25			
	100m: 1:14.91 350m: 4:33.87 600m: 7:53.63 850m: 11:16.33 1100m: 14:39.21 1350m: 17:57.80			
	150m: 1:55.04 400m: 5:14.36 650m: 8:34.45 900m: 11:57.24 1150m: 15:18.61 1400m: 18:37.01			
	200m: 2:35.18 450m: 5:54.23 700m: 9:14.40 950m: 12:37.77 1200m: 15:58.21 1450m: 19:14.86			
	250m: 3:14.49 500m: 6:34.27 750m: 9:55.27 1000m: 13:17.23 1250m: 16:38.48 1500m: 19:50.47			
11.	Tubbe Xander	STZ/11003/09 20:30.00	19:52.00	358
	50m: 35.22 300m: 3:53.20 550m: 7:14.79 800m: 10:36.54 1050m: 13:57.52 1300m: 17:18.84			
	100m: 1:14.50 350m: 4:33.31 600m: 7:55.31 850m: 11:16.09 1100m: 14:37.74 1350m: 17:58.33			
	150m: 1:53.55 400m: 5:13.79 650m: 8:35.61 900m: 11:56.43 1150m: 15:17.99 1400m: 18:38.08			
	200m: 2:33.18 450m: 5:54.08 700m: 9:16.12 950m: 12:36.02 1200m: 15:58.53 1450m: 19:16.36			
	250m: 3:12.84 500m: 6:34.03 750m: 9:56.07 1000m: 13:16.68 1250m: 16:38.51 1500m: 19:52.00			
12.	Kentin Shane	STZ/11001/09 20:30.00	19:53.03	357
	50m: 34.88 300m: 3:55.06 550m: 7:16.86 800m: 10:37.99 1050m: 14:00.79 1300m: 17:21.02			
	100m: 1:13.94 350m: 4:35.41 600m: 7:57.40 850m: 11:17.74 1100m: 14:41.33 1350m: 17:59.77			
	150m: 1:53.74 400m: 5:15.13 650m: 8:37.02 900m: 11:59.47 1150m: 15:21.99 1400m: 18:39.23			
	200m: 2:34.17 450m: 5:55.48 700m: 9:17.27 950m: 12:39.86 1200m: 16:01.59 1450m: 19:17.78			
	250m: 3:14.40 500m: 6:36.14 750m: 9:56.98 1000m: 13:20.98 1250m: 16:41.65 1500m: 19:53.03			
13.	Roosen Lukas	PZC/11077/10 20:37.90	20:07.05	345
	50m: 36.21 300m: 3:58.68 550m: 7:21.81 800m: 10:45.40 1050m: 14:11.04 1300m: 17:31.50			
	100m: 1:16.29 350m: 4:39.51 600m: 8:02.59 850m: 11:27.26 1100m: 14:51.23 1350m: 18:12.02			
	150m: 1:56.91 400m: 5:20.26 650m: 8:43.57 900m: 12:07.72 1150m: 15:30.89 1400m: 18:51.26			
	200m: 2:37.15 450m: 6:01.09 700m: 9:24.36 950m: 12:48.79 1200m: 16:11.07 1450m: 19:30.06			
	250m: 3:17.85 500m: 6:41.58 750m: 10:05.58 1000m: 13:29.83 1250m: 16:52.03 1500m: 20:07.05			
14.	Bergmans Mats	HZS/11194/10 22:04.31	20:33.19	323
	50m: 37.13 300m: 4:03.19 550m: 7:30.06 800m: 10:54.59 1050m: 14:23.76 1300m: 17:51.55			
	100m: 1:17.37 350m: 4:44.59 600m: 8:10.72 850m: 11:36.17 1100m: 15:05.65 1350m: 18:33.30			
	150m: 1:58.69 400m: 5:26.05 650m: 8:51.33 900m: 12:17.92 1150m: 15:47.79 1400m: 19:14.34			
	200m: 2:40.15 450m: 6:07.64 700m: 9:32.82 950m: 12:59.95 1200m: 16:29.45 1450m: 19:55.02			
	250m: 3:21.59 500m: 6:48.60 750m: 10:13.46 1000m: 13:41.80 1250m: 17:11.09 1500m: 20:33.19			
15.	Slaets Cédric	ZCT/11091/09 21:46.06	20:44.85	314
	50m: 36.55 300m: 4:00.99 550m: 7:28.70 800m: 10:56.94 1050m: 14:31.95 1300m: 18:05.45			
	100m: 1:16.91 350m: 4:42.01 600m: 8:10.35 850m: 11:40.40 1100m: 15:12.71 1350m: 18:48.42			
	150m: 1:58.18 400m: 5:23.30 650m: 8:52.35 900m: 12:22.38 1150m: 15:55.43 1400m: 19:30.99			
	200m: 2:39.48 450m: 6:04.99 700m: 9:35.16 950m: 13:05.57 1200m: 16:38.63 1450m: 20:10.22			
	250m: 3:19.47 500m: 6:46.55 750m: 10:15.26 1000m: 13:49.43 1250m: 17:22.06 1500m: 20:44.85			
16.	Sluyts Jenne	WST/11093/09 21:50.00	21:03.41	301
	50m: 37.62 300m: 4:08.99 550m: 7:42.33 800m: 11:20.27 1050m: 14:56.11 1300m: 18:23.34			
	100m: 1:19.36 350m: 4:51.59 600m: 8:26.14 850m: 12:04.10 1100m: 15:38.23 1350m: 19:04.95			
	150m: 2:01.50 400m: 5:34.03 650m: 9:10.19 900m: 12:47.02 1150m: 16:19.71 1400m: 19:46.60			
	200m: 2:43.88 450m: 6:16.41 700m: 9:54.36 950m: 13:30.37 1200m: 17:01.53 1450m: 20:26.58			
	250m: 3:26.74 500m: 6:59.68 750m: 10:37.21 1000m: 14:14.01 1250m: 17:42.33 1500m: 21:03.41			
17.	van den Berg Jasper	PZC/11086/10 22:57.62	21:14.90	293
	50m: 37.64 300m: 4:12.80 550m: 7:46.95 800m: 11:19.93 1050m: 14:53.96 1300m: 18:28.13			
	100m: 1:19.44 350m: 4:55.98 600m: 8:30.65 850m: 12:02.45 1100m: 15:36.63 1350m: 19:10.68			
	150m: 2:02.75 400m: 5:38.80 650m: 9:13.13 900m: 12:45.62 1150m: 16:19.62 1400m: 19:53.74			
	200m: 2:45.93 450m: 6:22.14 700m: 9:56.10 950m: 13:28.27 1200m: 17:02.61 1450m: 20:36.24			
	250m: 3:29.57 500m: 7:04.38 750m: 10:37.76 1000m: 14:11.34 1250m: 17:45.13 1500m: 21:14.90			

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
18.	Naghiu Patrick BRABO/11318/22:30.00	21:16.51	292
	50m: 36.79 300m: 4:05.37 550m: 7:39.27 800m: 11:17.09 1050m: 14:53.16 1300m: 18:29.21		
	100m: 1:17.98 350m: 4:47.58 600m: 8:22.66 850m: 12:00.02 1100m: 15:37.07 1350m: 19:11.30		
	150m: 1:59.37 400m: 5:29.71 650m: 9:06.06 900m: 12:42.78 1150m: 16:20.21 1400m: 19:54.85		
	200m: 2:41.23 450m: 6:12.44 700m: 9:49.75 950m: 13:26.61 1200m: 17:03.87 1450m: 20:36.99		
	250m: 3:22.57 500m: 6:55.64 750m: 10:32.56 1000m: 14:10.09 1250m: 17:46.82 1500m: 21:16.51		
19.	Leysen Warre PZC/11082/10 24:11.69	21:17.40	291
	50m: 38.54 300m: 4:16.36 550m: 7:55.91 800m: 11:35.13 1050m: 15:11.30 1300m: 18:39.43		
	100m: 1:21.65 350m: 5:00.27 600m: 8:40.20 850m: 12:19.15 1100m: 15:53.38 1350m: 19:21.36		
	150m: 2:05.16 400m: 5:44.54 650m: 9:23.78 900m: 13:02.47 1150m: 16:34.74 1400m: 20:02.56		
	200m: 2:48.67 450m: 6:28.76 700m: 10:06.80 950m: 13:45.92 1200m: 17:16.36 1450m: 20:41.18		
	250m: 3:32.31 500m: 7:12.84 750m: 10:51.00 1000m: 14:28.60 1250m: 17:58.22 1500m: 21:17.40		
20.	Lescrauwaet Manu STZ/11101/09 22:30.00	21:18.88	290
	50m: 36.98 300m: 4:07.69 550m: 7:44.15 800m: 11:22.90 1050m: 15:01.29 1300m: 18:36.97		
	100m: 1:17.97 350m: 4:51.13 600m: 8:27.66 850m: 12:06.58 1100m: 15:44.51 1350m: 19:19.43		
	150m: 1:59.84 400m: 5:34.32 650m: 9:11.67 900m: 12:50.55 1150m: 16:28.25 1400m: 20:01.88		
	200m: 2:42.17 450m: 6:18.14 700m: 9:55.55 950m: 13:34.35 1200m: 17:10.89 1450m: 20:42.82		
	250m: 3:24.54 500m: 7:01.29 750m: 10:39.19 1000m: 14:17.64 1250m: 17:53.35 1500m: 21:18.88		
21.	Danilov Michaël PZC/11054/09 23:19.70	21:34.47	280
	50m: 37.83 300m: 4:18.46 550m: 7:58.75 800m: 11:37.09 1050m: 15:15.88 1300m: 18:50.95		
	100m: 1:21.79 350m: 5:02.22 600m: 8:42.41 850m: 12:20.45 1100m: 15:59.05 1350m: 19:34.11		
	150m: 2:05.54 400m: 5:47.21 650m: 9:25.98 900m: 13:04.71 1150m: 16:42.21 1400m: 20:15.73		
	200m: 2:49.77 450m: 6:31.27 700m: 10:10.12 950m: 13:48.20 1200m: 17:25.05 1450m: 20:57.25		
	250m: 3:33.82 500m: 7:14.85 750m: 10:53.70 1000m: 14:31.88 1250m: 18:07.34 1500m: 21:34.47		
22.	Amazian Mohammed BRABO/11319/24:49.13	21:40.79	275
	50m: 38.58 300m: 4:11.72 550m: 7:51.59 800m: 11:32.39 1050m: 15:11.74 1300m: 18:52.73		
	100m: 1:19.97 350m: 4:55.74 600m: 8:34.97 850m: 12:16.52 1100m: 15:55.94 1350m: 19:37.89		
	150m: 2:02.43 400m: 5:40.05 650m: 9:19.81 900m: 12:59.61 1150m: 16:40.29 1400m: 20:20.48		
	200m: 2:46.72 450m: 6:24.73 700m: 10:03.73 950m: 13:43.96 1200m: 17:24.12 1450m: 21:00.58		
	250m: 3:29.52 500m: 7:08.06 750m: 10:48.46 1000m: 14:27.92 1250m: 18:08.94 1500m: 21:40.79		
23.	Coppens Pepijn STZ/11098/09 22:30.00	21:42.68	274
	50m: 37.36 300m: 4:12.96 550m: 7:54.94 800m: 11:36.45 1050m: 15:16.16 1300m: 18:50.49		
	100m: 1:19.15 350m: 4:56.61 600m: 8:38.09 850m: 12:20.63 1100m: 15:59.24 1350m: 19:33.79		
	150m: 2:02.20 400m: 5:40.93 650m: 9:22.34 900m: 13:04.40 1150m: 16:42.51 1400m: 20:15.54		
	200m: 2:45.76 450m: 6:26.50 700m: 10:06.82 950m: 13:47.95 1200m: 17:25.01 1450m: 20:59.19		
	250m: 3:29.12 500m: 7:10.51 750m: 10:51.17 1000m: 14:32.21 1250m: 18:07.72 1500m: 21:42.68		
24.	Lecart Aaron STZ/11092/09 22:00.00	21:52.31	268
	50m: 35.99 300m: 4:04.74 550m: 7:45.44 800m: 11:31.92 1050m: 15:14.70 1300m: 19:01.92		
	100m: 1:16.23 350m: 4:47.65 600m: 8:30.26 850m: 12:17.75 1100m: 16:01.71 1350m: 19:47.40		
	150m: 1:58.17 400m: 5:31.06 650m: 9:16.17 900m: 13:03.67 1150m: 16:46.50 1400m: 20:32.58		
	200m: 2:39.83 450m: 6:16.52 700m: 10:00.63 950m: 13:48.47 1200m: 17:30.15 1450m: 21:15.14		
	250m: 3:21.66 500m: 7:01.10 750m: 10:46.33 1000m: 14:32.03 1250m: 18:15.94 1500m: 21:52.31		
25.	Meert Vince STZ/11153/09 22:30.00	21:53.49	268
	50m: 36.65 300m: 4:12.41 550m: 7:54.18 800m: 11:35.43 1050m: 15:14.64 1300m: 18:59.23		
	100m: 1:18.16 350m: 4:56.49 600m: 8:38.06 850m: 12:19.44 1100m: 15:58.67 1350m: 19:44.44		
	150m: 2:01.53 400m: 5:40.66 650m: 9:22.03 900m: 13:02.81 1150m: 16:43.49 1400m: 20:29.60		
	200m: 2:44.73 450m: 6:25.07 700m: 10:06.74 950m: 13:47.04 1200m: 17:28.31 1450m: 21:13.38		
	250m: 3:28.59 500m: 7:09.38 750m: 10:51.10 1000m: 14:30.64 1250m: 18:13.95 1500m: 21:53.49		
26.	Ottevaere Benjamin BRABO/11304/23:21.00	22:26.04	249
	50m: 39.13 300m: 4:26.15 550m: 8:15.84 800m: 12:04.77 1050m: 15:52.51 1300m: 19:36.36		
	100m: 1:23.65 350m: 5:12.45 600m: 9:02.70 850m: 12:50.47 1100m: 16:36.99 1350m: 20:19.99		
	150m: 2:08.20 400m: 5:58.18 650m: 9:48.07 900m: 13:35.87 1150m: 17:23.44 1400m: 21:03.80		
	200m: 2:54.71 450m: 6:43.34 700m: 10:34.22 950m: 14:21.52 1200m: 18:07.68 1450m: 21:45.67		
	250m: 3:40.70 500m: 7:29.65 750m: 11:20.38 1000m: 15:07.44 1250m: 18:52.54 1500m: 22:26.04		
27.	Struyf Arthur TRUST/11162/21:39.21	22:28.83	247
	50m: 36.07 300m: 4:16.77 550m: 8:05.84 800m: 11:54.33 1050m: 15:44.24 1300m: 19:32.95		
	100m: 1:17.08 350m: 5:01.84 600m: 8:51.71 850m: 12:40.12 1100m: 16:30.08 1350m: 20:17.39		
	150m: 2:01.05 400m: 5:47.96 650m: 9:37.98 900m: 13:25.99 1150m: 17:15.72 1400m: 21:02.81		
	200m: 2:45.76 450m: 6:32.46 700m: 10:23.26 950m: 14:12.12 1200m: 18:01.92 1450m: 21:47.76		
	250m: 3:31.12 500m: 7:18.29 750m: 11:08.99 1000m: 14:58.49 1250m: 18:47.86 1500m: 22:28.83		

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
28. Bas Briek	STZ/11115/10 23:30.00	22:35.89	243
50m: 37.59	300m: 4:17.97	550m: 8:02.48	800m: 11:47.02
100m: 1:20.71	350m: 5:02.56	600m: 8:47.18	850m: 12:33.50
150m: 2:04.16	400m: 5:47.63	650m: 9:31.91	900m: 13:19.39
200m: 2:48.87	450m: 6:32.90	700m: 10:15.61	950m: 14:05.69
250m: 3:33.33	500m: 7:17.30	750m: 11:01.10	1000m: 14:52.16
		1050m: 15:37.71	1300m: 19:31.00
		1100m: 16:23.12	1350m: 20:18.22
		1150m: 17:09.06	1400m: 21:04.42
		1200m: 17:55.70	1450m: 21:51.17
		1250m: 18:43.48	1500m: 22:35.89
29. De Haes Tibo	STZ/11112/10 23:30.00	24:03.80	201
50m: 38.86	300m: 4:34.97	550m: 8:37.48	800m: 12:40.52
100m: 1:25.13	350m: 5:23.64	600m: 9:26.08	850m: 13:30.38
150m: 2:11.44	400m: 6:12.29	650m: 10:15.09	900m: 14:18.37
200m: 2:58.51	450m: 7:00.68	700m: 11:03.08	950m: 15:07.07
250m: 3:46.40	500m: 7:49.01	750m: 11:51.52	1000m: 15:56.94
		1050m: 16:47.35	1300m: 20:55.23
		1100m: 17:36.90	1350m: 21:43.55
		1150m: 18:26.41	1400m: 22:30.39
		1200m: 19:15.98	1450m: 23:17.14
		1250m: 20:06.07	1500m: 24:03.80

15 - 16 jaar

1. Stox Bram	HZS/11090/08 18:22.20	17:27.65	528
50m: 31.26	300m: 3:25.84	550m: 6:22.24	800m: 9:22.48
100m: 1:05.69	350m: 4:00.80	600m: 6:58.83	850m: 9:57.79
150m: 1:40.68	400m: 4:36.33	650m: 7:34.98	900m: 10:33.46
200m: 2:15.69	450m: 5:11.44	700m: 8:11.02	950m: 11:09.09
250m: 2:50.67	500m: 5:47.00	750m: 8:47.05	1000m: 11:44.82
		1050m: 12:20.41	1300m: 15:15.56
		1100m: 12:55.77	1350m: 15:49.84
		1150m: 13:30.63	1400m: 16:23.18
		1200m: 14:06.05	1450m: 16:56.34
		1250m: 14:41.78	1500m: 17:27.65
2. Van de Gender Nils	STW/11120/07 19:00.04	17:49.25	496
50m: 30.96	300m: 3:29.33	550m: 6:29.11	800m: 9:28.15
100m: 1:05.93	350m: 4:05.37	600m: 7:05.01	850m: 10:04.18
150m: 1:41.48	400m: 4:41.12	650m: 7:40.91	900m: 10:40.27
200m: 2:17.35	450m: 5:17.05	700m: 8:16.72	950m: 11:16.03
250m: 2:53.30	500m: 5:52.74	750m: 8:52.55	1000m: 11:52.01
		1050m: 12:27.86	1300m: 15:28.07
		1100m: 13:03.79	1350m: 16:04.22
		1150m: 13:39.67	1400m: 16:40.44
		1200m: 14:15.65	1450m: 17:16.68
		1250m: 14:52.07	1500m: 17:49.25
3. Hauben Sander	HZS/11153/07 18:22.30	18:07.67	472
50m: 32.36	300m: 3:31.00	550m: 6:32.59	800m: 9:37.70
100m: 1:07.66	350m: 4:07.08	600m: 7:09.14	850m: 10:13.60
150m: 1:43.35	400m: 4:43.74	650m: 7:45.93	900m: 10:47.77
200m: 2:19.17	450m: 5:19.78	700m: 8:22.68	950m: 11:24.21
250m: 2:54.98	500m: 5:56.11	750m: 8:59.62	1000m: 12:01.85
		1050m: 12:39.58	1300m: 15:42.23
		1100m: 13:15.84	1350m: 16:20.19
		1150m: 13:50.18	1400m: 16:53.91
		1200m: 14:26.55	1450m: 17:30.93
		1250m: 15:05.09	1500m: 18:07.67
4. Van de Gender Wout	STW/11178/08 19:36.13	18:19.89	456
50m: 32.95	300m: 3:36.95	550m: 6:41.89	800m: 9:45.60
100m: 1:09.48	350m: 4:13.77	600m: 7:18.67	850m: 10:22.24
150m: 1:46.50	400m: 4:50.63	650m: 7:55.52	900m: 10:59.44
200m: 2:23.18	450m: 5:27.84	700m: 8:32.21	950m: 11:36.01
250m: 3:00.00	500m: 6:04.89	750m: 9:08.77	1000m: 12:13.20
		1050m: 12:50.31	1300m: 15:55.21
		1100m: 13:27.25	1350m: 16:31.72
		1150m: 14:04.41	1400m: 17:08.34
		1200m: 14:41.44	1450m: 17:45.32
		1250m: 15:18.22	1500m: 18:19.89
5. Van der Borghst Floris	ZCT/11072/08 19:20.84	18:20.20	456
50m: 33.44	300m: 3:38.44	550m: 6:43.64	800m: 9:47.58
100m: 1:09.89	350m: 4:15.54	600m: 7:20.84	850m: 10:24.61
150m: 1:47.37	400m: 4:52.63	650m: 7:57.18	900m: 11:01.68
200m: 2:24.27	450m: 5:29.65	700m: 8:34.06	950m: 11:38.97
250m: 3:01.11	500m: 6:06.89	750m: 9:10.91	1000m: 12:15.79
		1050m: 12:52.38	1300m: 15:57.82
		1100m: 13:29.41	1350m: 16:35.18
		1150m: 14:06.66	1400m: 17:11.87
		1200m: 14:43.64	1450m: 17:46.51
		1250m: 15:20.59	1500m: 18:20.20
6. Ottevaere Alexander	BRABO/11215/19:20.51	18:21.26	454
50m: 32.25	300m: 3:37.08	550m: 6:44.19	800m: 9:49.29
100m: 1:08.59	350m: 4:14.62	600m: 7:21.58	850m: 10:26.31
150m: 1:45.52	400m: 4:52.26	650m: 7:58.92	900m: 11:03.97
200m: 2:22.61	450m: 5:29.81	700m: 8:35.72	950m: 11:41.53
250m: 2:59.85	500m: 6:06.89	750m: 9:12.76	1000m: 12:19.07
		1050m: 12:55.53	1300m: 15:58.72
		1100m: 13:31.57	1350m: 16:34.80
		1150m: 14:07.78	1400m: 17:11.68
		1200m: 14:45.19	1450m: 17:46.78
		1250m: 15:22.18	1500m: 18:21.26
7. Makboulian Tyron	STW/11182/08 19:16.35	18:22.07	453
50m: 32.00	300m: 3:30.91	550m: 6:33.35	800m: 9:40.44
100m: 1:07.19	350m: 4:07.22	600m: 7:10.03	850m: 10:18.26
150m: 1:42.73	400m: 4:43.34	650m: 7:47.29	900m: 10:56.33
200m: 2:19.04	450m: 5:19.98	700m: 8:24.83	950m: 11:33.83
250m: 2:54.67	500m: 5:56.60	750m: 9:02.57	1000m: 12:11.95
		1050m: 12:49.88	1300m: 15:57.34
		1100m: 13:27.65	1350m: 16:34.53
		1150m: 14:04.84	1400m: 17:11.10
		1200m: 14:42.31	1450m: 17:48.29
		1250m: 15:19.93	1500m: 18:22.07

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inscr.	Tijd	Pnt					
8.	Pelgrims Lowie		ZCT/11073/08		19:22.90	18:34.19	439					
	50m:	34.59	300m:	3:44.41	550m:	6:53.87	800m:	10:00.63	1050m:	13:07.51	1300m:	16:12.66
	100m:	1:12.41	350m:	4:22.55	600m:	7:31.87	850m:	10:38.40	1100m:	13:45.12	1350m:	16:49.21
	150m:	1:50.90	400m:	5:01.00	650m:	8:09.04	900m:	11:16.07	1150m:	14:23.05	1400m:	17:25.31
	200m:	2:28.21	450m:	5:38.79	700m:	8:45.74	950m:	11:54.29	1200m:	14:59.73	1450m:	18:00.94
	250m:	3:06.57	500m:	6:16.40	750m:	9:23.06	1000m:	12:30.66	1250m:	15:36.77	1500m:	18:34.19
9.	Sterckx Daan		TRUST/11077/19		19:16.79	18:39.59	432					
	50m:	32.16	300m:	3:39.24	550m:	6:47.90	800m:	9:57.04	1050m:	13:05.72	1300m:	16:14.06
	100m:	1:08.89	350m:	4:16.83	600m:	7:25.83	850m:	10:34.59	1100m:	13:43.83	1350m:	16:50.75
	150m:	1:46.13	400m:	4:54.67	650m:	8:03.68	900m:	11:12.15	1150m:	14:21.25	1400m:	17:27.78
	200m:	2:23.53	450m:	5:32.53	700m:	8:41.53	950m:	11:50.43	1200m:	14:59.48	1450m:	18:04.29
	250m:	3:01.24	500m:	6:10.60	750m:	9:19.46	1000m:	12:28.18	1250m:	15:36.92	1500m:	18:39.59
10.	Maes Yoran		TRUST/11156/20		20:58.21	18:56.13	414					
	50m:	34.76	300m:	3:44.59	550m:	6:57.02	800m:	10:09.45	1050m:	13:19.90	1300m:	16:30.14
	100m:	1:12.68	350m:	4:22.95	600m:	7:35.78	850m:	10:48.47	1100m:	13:57.88	1350m:	17:07.19
	150m:	1:49.97	400m:	5:01.46	650m:	8:14.56	900m:	11:25.63	1150m:	14:35.49	1400m:	17:44.60
	200m:	2:27.88	450m:	5:40.76	700m:	8:52.76	950m:	12:03.36	1200m:	15:13.60	1450m:	18:21.83
	250m:	3:06.07	500m:	6:18.81	750m:	9:31.13	1000m:	12:42.55	1250m:	15:51.79	1500m:	18:56.13
11.	Baelen Siebe		DBT/11103/07		19:50.00	19:40.76	368					
	50m:	33.21	300m:	3:41.75	550m:	7:00.03	800m:	10:19.80	1050m:	13:41.50	1300m:	17:04.44
	100m:	1:09.74	350m:	4:20.62	600m:	7:39.41	850m:	10:59.91	1100m:	14:22.03	1350m:	17:44.10
	150m:	1:47.74	400m:	5:00.22	650m:	8:18.78	900m:	11:39.93	1150m:	15:02.13	1400m:	18:23.57
	200m:	2:25.15	450m:	5:40.01	700m:	8:59.39	950m:	12:20.08	1200m:	15:42.87	1450m:	19:03.27
	250m:	3:02.90	500m:	6:19.80	750m:	9:39.36	1000m:	13:00.69	1250m:	16:23.64	1500m:	19:40.76
12.	Beishuizen Tom		PZC/31095/08		24:57.20	21:29.81	283					
	50m:	37.00	300m:	4:10.55	550m:	7:50.28	800m:	11:30.56	1050m:	15:11.47	1300m:	18:47.37
	100m:	1:18.54	350m:	4:53.84	600m:	8:34.33	850m:	12:14.90	1100m:	15:54.62	1350m:	19:30.53
	150m:	2:01.15	400m:	5:37.95	650m:	9:17.82	900m:	12:59.71	1150m:	16:37.32	1400m:	20:14.23
	200m:	2:44.38	450m:	6:22.12	700m:	10:02.00	950m:	13:44.21	1200m:	17:20.33	1450m:	20:53.66
	250m:	3:27.08	500m:	7:05.69	750m:	10:46.04	1000m:	14:27.94	1250m:	18:03.85	1500m:	21:29.81
13.	Declercq Mick		BRABO/11258/26		22:22.78	21:42.41	274					
	50m:	37.77	300m:	4:12.83	550m:	7:53.87	800m:	11:36.00	1050m:	15:20.79	1300m:	19:02.02
	100m:	1:18.56	350m:	4:57.67	600m:	8:37.30	850m:	12:20.90	1100m:	16:06.97	1350m:	19:42.06
	150m:	2:01.54	400m:	5:41.61	650m:	9:22.13	900m:	13:04.84	1150m:	16:52.43	1400m:	20:21.84
	200m:	2:46.46	450m:	6:25.21	700m:	10:06.62	950m:	13:50.74	1200m:	17:37.28	1450m:	21:01.76
	250m:	3:29.39	500m:	7:09.44	750m:	10:51.37	1000m:	14:34.24	1250m:	18:20.82	1500m:	21:42.41

FF Pouls Roderik FFGZVN/11167/0:18:09.30

17 - 18 jaar

1.	Kopriva Ilio		DBT/11016/06		16:25.50	16:16.61	652					
	50m:	28.81	300m:	3:09.96	550m:	5:53.95	800m:	8:38.39	1050m:	11:23.51	1300m:	14:07.90
	100m:	1:00.59	350m:	3:42.57	600m:	6:26.89	850m:	9:11.63	1100m:	11:56.51	1350m:	14:41.10
	150m:	1:32.67	400m:	4:15.30	650m:	6:59.65	900m:	9:44.43	1150m:	12:29.46	1400m:	15:13.68
	200m:	2:05.16	450m:	4:48.14	700m:	7:32.58	950m:	10:17.71	1200m:	13:02.19	1450m:	15:45.70
	250m:	2:37.39	500m:	5:20.94	750m:	8:05.42	1000m:	10:50.57	1250m:	13:35.07	1500m:	16:16.61
2.	Thys Bjarne		STW/11143/05		17:17.75	17:02.24	568					
	50m:	29.69	300m:	3:18.58	550m:	6:10.25	800m:	9:02.01	1050m:	11:54.64	1300m:	14:46.91
	100m:	1:02.39	350m:	3:52.78	600m:	6:44.69	850m:	9:36.55	1100m:	12:29.01	1350m:	15:21.01
	150m:	1:36.26	400m:	4:26.85	650m:	7:18.95	900m:	10:10.89	1150m:	13:02.98	1400m:	15:55.70
	200m:	2:10.40	450m:	5:01.35	700m:	7:53.31	950m:	10:45.42	1200m:	13:37.55	1450m:	16:30.38
	250m:	2:44.45	500m:	5:36.01	750m:	8:27.64	1000m:	11:20.21	1250m:	14:12.17	1500m:	17:02.24
3.	Verbist Benjamin		STW/11144/06		17:53.94	17:16.93	544					
	50m:	30.64	300m:	3:20.66	550m:	6:13.33	800m:	9:06.49	1050m:	12:00.86	1300m:	14:57.29
	100m:	1:03.97	350m:	3:55.19	600m:	6:47.96	850m:	9:41.09	1100m:	12:35.75	1350m:	15:32.37
	150m:	1:37.94	400m:	4:29.45	650m:	7:22.63	900m:	10:15.74	1150m:	13:10.55	1400m:	16:07.56
	200m:	2:11.99	450m:	5:03.95	700m:	7:57.44	950m:	10:50.65	1200m:	13:46.10	1450m:	16:42.68
	250m:	2:46.39	500m:	5:38.52	750m:	8:31.99	1000m:	11:25.86	1250m:	14:21.41	1500m:	17:16.93

Lange Afstand Hasselt
3500 Hasselt, 16/4/2023

Programmanr. 2, Jongens, 1500m vrije slag, 17 - 18 jaar

Rang					Inshr.	Tijd	Pnt					
4.	Catry Arne		ZCT/11047/06		18:25.22	17:37.30	513					
	50m:	31.47	300m:	3:28.07	550m:	6:26.14	800m:	9:26.05	1050m:	12:24.24	1300m:	15:20.85
	100m:	1:06.57	350m:	4:03.95	600m:	7:02.01	850m:	10:01.70	1100m:	12:59.64	1350m:	15:56.33
	150m:	1:42.21	400m:	4:40.16	650m:	7:37.58	900m:	10:37.37	1150m:	13:35.11	1400m:	16:31.42
	200m:	2:17.63	450m:	5:15.30	700m:	8:13.97	950m:	11:12.95	1200m:	14:10.78	1450m:	17:05.63
	250m:	2:52.93	500m:	5:50.55	750m:	8:49.83	1000m:	11:48.80	1250m:	14:46.11	1500m:	17:37.30
5.	Meers Jan		HZS/11083/06		20:22.17	18:09.69	469					
	50m:	30.71	300m:	3:25.03	550m:	6:25.13	800m:	9:28.81	1050m:	12:34.49	1300m:	15:40.38
	100m:	1:04.29	350m:	4:00.66	600m:	7:02.05	850m:	10:05.30	1100m:	13:11.94	1350m:	16:18.09
	150m:	1:39.18	400m:	4:36.46	650m:	7:38.47	900m:	10:42.50	1150m:	13:48.73	1400m:	16:55.73
	200m:	2:14.60	450m:	5:12.36	700m:	8:15.25	950m:	11:19.76	1200m:	14:25.96	1450m:	17:33.21
	250m:	2:49.71	500m:	5:48.49	750m:	8:51.70	1000m:	11:57.06	1250m:	15:03.39	1500m:	18:09.69
6.	Nollet Robbe		BRABO/11088/18:50.00			18:48.29	422					
	50m:	32.20	300m:	3:33.63	550m:	6:38.99	800m:	9:48.29	1050m:	13:01.99	1300m:	16:16.39
	100m:	1:07.64	350m:	4:10.38	600m:	7:16.38	850m:	10:26.79	1100m:	13:40.66	1350m:	16:55.25
	150m:	1:44.11	400m:	4:47.41	650m:	7:54.48	900m:	11:05.83	1150m:	14:19.54	1400m:	17:33.70
	200m:	2:20.60	450m:	5:24.15	700m:	8:32.55	950m:	11:44.36	1200m:	14:58.35	1450m:	18:12.10
	250m:	2:56.99	500m:	6:01.45	750m:	9:10.14	1000m:	12:23.16	1250m:	15:37.75	1500m:	18:48.29
7.	Van Waelderens Thomas		WST/11080/05		18:38.00	18:49.68	421					
	50m:	34.43	300m:	3:45.07	550m:	6:57.12	800m:	10:10.21	1050m:	13:21.64	1300m:	16:28.60
	100m:	1:11.75	350m:	4:23.70	600m:	7:35.45	850m:	10:48.76	1100m:	13:58.66	1350m:	17:06.19
	150m:	1:49.38	400m:	5:02.03	650m:	8:14.26	900m:	11:27.76	1150m:	14:36.27	1400m:	17:42.08
	200m:	2:27.51	450m:	5:40.17	700m:	8:53.01	950m:	12:05.86	1200m:	15:13.85	1450m:	18:17.61
	250m:	3:06.26	500m:	6:18.59	750m:	9:32.00	1000m:	12:44.07	1250m:	15:51.08	1500m:	18:49.68
dis	De Grauwe Arne		dis		STW/11147/05	18:04.76						
	<i>SW 10.2 - Niet de volledige afstand gezwommen</i>											

19 jaar en ouder

1.	Lemmens Tuur		HZS/10395/97		16:45.00	16:38.15	610					
	50m:	28.51	300m:	3:05.85	550m:	5:54.05	800m:	8:44.00	1050m:	11:33.08	1300m:	14:22.41
	100m:	59.75	350m:	3:36.03	600m:	6:27.79	850m:	9:18.07	1100m:	12:06.37	1350m:	14:56.63
	150m:	1:31.43	400m:	4:05.84	650m:	7:02.08	900m:	9:51.48	1150m:	12:40.29	1400m:	15:30.90
	200m:	2:03.13	450m:	4:44.12	700m:	7:36.40	950m:	10:24.74	1200m:	13:14.40	1450m:	16:04.79
	250m:	2:34.38	500m:	5:19.99	750m:	8:10.21	1000m:	10:58.85	1250m:	13:48.13	1500m:	16:38.15
2.	Heyrman Tigo		BRABO/11007/18:00.00			17:24.46	533					
	50m:	29.56	300m:	3:17.28	550m:	6:11.19	800m:	9:09.03	1050m:	12:10.92	1300m:	15:10.09
	100m:	1:01.59	350m:	3:51.60	600m:	6:46.44	850m:	9:44.18	1100m:	12:47.37	1350m:	15:44.41
	150m:	1:34.92	400m:	4:26.42	650m:	7:21.54	900m:	10:20.79	1150m:	13:23.19	1400m:	16:18.94
	200m:	2:08.70	450m:	5:00.91	700m:	7:57.43	950m:	10:57.39	1200m:	13:59.57	1450m:	16:52.95
	250m:	2:42.87	500m:	5:36.22	750m:	8:33.05	1000m:	11:34.36	1250m:	14:34.86	1500m:	17:24.46